



ADLERIAN TRAINING INSTITUTE, INC.

5th Annual

Study & Travel Professional Development Workshops

WORKSHOP 1:

Counselors & Therapists

WORKSHOP 2:

Teachers, Administrators & Counselors

**Brief Family Counseling/Therapy:
Empowered parents & resilient children**

**The Transformative Classroom:
Changing failure to success**

12 – 16 JULY 2010

GENEVA, SWITZERLAND

FACULTY:

William G. Nicoll, Ph.D.

Professor, Florida Atlantic University
Director, ATI, Inc.

Peggy Pelonis, LMFT

Director of Student Affairs,
American Community School of Athens, Greece

Erik Mansager, Ph.D.

Director of Counseling
College du Leman, Switzerland

**A Unique Professional Development program for both
Education and Mental Health Professionals
Approved for NBCC and APA Continuing Education Credit**

Professional Development Training For:

Mental Health Counselors, School Counselors, Social Workers, Psychologists, Marriage & Family Therapists AND
Classroom Teachers, Special Education Teachers, School Administrators, and graduate students in these fields.



GENEVA

Past Participant Comments:

*“Revolutionary information that changes the way
I view my profession”*

“Brilliant teaching, demonstrations and learning”

“I wanted an in-depth program and I got it here!”

“The most practical training I’ve ever had...”

*“This is one of the most beneficial trainings I have
participated in”*

“Truly a life changing experience”

*“The experiential quality made this experience
unique “*



SWISS ALPS

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Workshop #1:
All Counselors & Therapists
Brief Family Counseling/Therapy:
Empowered parents & resilient children

This workshop is intended for all counselors and therapists who work with families, children, and/or adolescents including private practice, mental health agency and school settings. Participants will learn to rapidly assess family performance in the key tasks for resilient family functioning as well as to identify dysfunctional parent/child interaction patterns that maintain learning and behavioral adjustment difficulties. Participants will further learn practical strategies and techniques for strategically focusing counseling and therapy interventions to improve the quality of family interactions, parental competence skills and child/adolescent resilience, social, and academic adjustment. A combination of live family counseling demonstrations, experiential learning exercises using participant's own cases, and didactic presentations will be employed as the primary modalities for assisting participants to expand their knowledge and skills in Brief Family Counseling strategies and techniques.

Research continually indicates family dynamics to be the single most important factor impacting both the social adjustment and academic achievement of children and adolescents. Not surprisingly, research evidence further suggests the most effective intervention strategy for child/adolescent adjustment problems is to work directly with the parents and the entourage of other significant adults directly impacting the child/adolescent's life. Counselors will leave this workshop with a new, resilience-based perspective for conceptualizing the adjustment issues of children & adolescents along with practical skills for empowering parents and building resilience in children be it through counseling/therapy, parent conferencing/consultation or parent education interventions. Particular attention will be devoted to issues of international families and the unique stresses and issues they encounter in the transition to an international or 'Third Culture' lifestyle (TCK/TCF). The workshop will address the process of change in our lives as we encounter multiple changes on various levels throughout the family life cycle along with how counselors can best assist family members in coping with these changes and transitions in their lives.

Objectives:

- Learn to rapidly assess key areas of family functioning identified by research as central to family wellness, positive child/adolescent adjustment
- Learn to strategically focus interventions so as to improve the quality of family interaction patterns.
- Learn a practical, step-by-step, approach to brief family counseling applicable to both clinical settings and parent conferencing situations in schools.
- Learn to strategically frame interventions based upon family culture and parental position framework factors.
- Learn to assess, and intervene with, both behavioral and learning problems from a family systems perspective
- Learn strategies for empowering parents with new, effective parenting skills for developing capable, responsible children.

Workshop Schedule

- | | |
|--|---|
| <p>Mon: The Resilience Paradigm: Transcending DSM & ESE
Change & Transitions: family coping strategies
Brief Family Counseling Process: Step by step
Live Brief Family Counseling Demonstration</p> | <p>Tues: Empowering parents: Positive Discipline
Assessing Family Dynamics & Functioning
Live Brief Family Counseling Demonstration
Processing & Discussion</p> |
| <p>Wed.: BFC: Intervention strategies
Live Brief Family Counseling Demonstration
Resistance: Avoiding the traps and pitfalls
<i>[Afternoon free to enjoy Geneva & Switzerland]</i></p> | <p>Thurs: Empowering Parents: Building family strengths
Live Brief Family Counseling Demonstration
Supervised skills practice
Widening the therapeutic circle: Home & School</p> |
| <p>Fri: Recognizing Abusive patterns in its many forms & degrees
Developing resilient kids: fostering social-emotional competence in the home
Supervised skills practice
Wrap Up & Farewells</p> | |

Continuing Education: This program is co-sponsored by the North American Society of Adlerian Psychology (NASAP). NASAP is Approved by the **American Psychological Association (APA)** to sponsor continuing education for psychologists and is recognized by the **National Board of Certified Counselors (NBCC)** to offer continuing education for counselors. NASAP maintains responsibility for this program and its content.

Workshop #2:
Classroom Teachers, ESE Teachers, School Administrators & Counselors

The Transformative Classroom:
Changing failure to success

Five days of intensive training with an experienced team of faculty knowledgeable in effective educational practices and classroom environment effects on learning. Learn the strategies and techniques employed by “transformative teachers” who effectively motivate children to learn and empower all students/pupils to succeed. This workshop is designed for classroom teachers, ESE teachers, school administrators and school counselors interested in transcending traditional educational practice and implementing evidence-based classroom practices based in the principles of resilience. These intervention strategies have been proven effective in:

- Facilitating academic improvement,
- Increasing student’s social-emotional competence,
- Decreasing bullying and social aggression
- Improving school effectiveness and student achievement.
- Increasing parental and community support and involvement
- Improving teacher morale

Specific attention will be focused on working with international student populations and third culture kids (TCK). Participants will be challenged to re-think the traditional assumptions and practices about learning difficulties and behavioral adjustment problems. The transformative teacher replaces the traditional neurological deficit/disorder paradigm with a resilience/growth paradigm seeking to empower children and motivate them to learn and become responsible, productive individuals. Practical strategies and techniques for working with student adjustment problems in classrooms from a resilience, strengths-based, paradigm will be introduced along with strategies for decreasing bullying/social aggression, improving parent involvement/collaboration and improving your overall school and classroom climate.

Objectives:

- Learn to assess and intervene with learning and behavioral adjustment problems from a resilience based, rather than deficit/disorder-based, approach.
- Learn to effectively address the unique issues of student and family transitions in international settings
- Learn evidence-based classroom behavior management strategies employed by Transformative teachers.
- Learn to engage parents in a positive, collaborative effort for students’ academic success.
- Learn to implement strategies that decrease bullying while fostering positive student social adjustment

Workshop Schedule

Mon:	The Resilience Paradigm: Transcending ESE Myths Understanding student behavior & motivation Live Case Consultation Demonstration	Tue:	Strategies of Transformative teachers Change, Transitions and the TCK: Live Case Consultation
Wed:	Motivating students to learn: Beyond reward & punishment Live Case Consultation Demonstration <i>[Afternoon free to enjoy Geneva & Switzerland]</i>	Thur.	The IAT Process: step by step Supervised case study practice Parent Conferencing step-by-step: Building home-school collaboration
	Fri:		Eliminating Bullying & social aggression in schools Developing resilience: Social-Emotional competence & the classroom Supervised case study practice Wrap Up & Farewells

LOCATION: Webster University Campus, GENEVA

Webster University’s Geneva campus is located in Genthod-Bellevue, a short 7-minute train ride from Geneva’s train station. The Savoy and International & Terminus Hotels are located across the street from the Geneva train station, your daily transport pass includes train, bus and tram transportation systems. The Residence Les Berges is located 4 bus stops from the train station.

Further logistical information will be provided with your registration confirmation letter.

Registration Fees: The registration fee is **\$425 USD (Early Reg) and \$475 (after June 1st)**. The workshop fee includes the training program and all workshop materials. Payment in full must be received with your registration via check or credit card (visa/mastercard). See Registration form below.

Cancellation Policy: Cancellations received before July 1, 2010 will be refunded except for a 10% cancellation/handling fee; cancellations after July 1 are subject to 50% cancellation fee.

TRAVEL & ACCOMMODATIONS:

Participants are responsible for making their own Travel and Lodging arrangements.

The program will take place at the campus of Webster University, Geneva, Switzerland. Accommodations are available at:

Hotel Capitoile: 152 CHF (single), 175 CHF (double), includes breakfast & daily public transportation ticket

[Email: info@hotelcapitoile.ch - PHONE: 41(0)22 909 8600 - FAX: 41(0)22 741 2245]

Hotel Savoy: 159 CHF (single), 167 CHF (double), 177 CHF (triple) includes daily public transportation ticket

[Email: info@hotel-savoy.net - PHONE: 41(0)22 9064700 - FAX: 41(0)22 9064790]

Residence Les Berges du Rhone (Webster Student Apts): single & double rooms w/ toilet/shower/& kitchenette
65 CHF p/p per/nt. Reserve early/Limited availability. Payment due by June 15 w/ 20% cancellation fee

[Email: lesberges@webster.ch PHONE: 41(0) 22 321 7630 FAX: 41(0) 22 321 5084]

Please book your room directly with the accommodation of your choice (Request the "Adlerian Training Institute Rate").

Additional nights may be booked at this same rate before and after the workshop. Hotel rooms must be reserved by no later than June 15, 2010 to guarantee availability at this special rate; rooms on "as available" basis after June 15th.

PROGRAM FACULTY:

William G. Nicoll, Ph.D.



Professor of Counseling, Florida Atlantic University & Director, ATI, Inc. Bill is known for his work in Brief Counseling as well as the characteristics of effective families, effective schools, and student learning & adjustment. Problems. Formerly the national trainer in Brief Counseling for the American Counseling Association, Bill has been a special education teacher and school counselor in both US public and International Schools. He has also provided counseling services in private practice, agency and correctional settings. He's been a consultant and staff development trainer for schools and mental health organizations on five continents around the world.

Erik Mansager, Ph.D.



Director of Counseling at College du Leman, Switzerland. Former faculty member at the Adler School of Professional Psychology, Chicago and Past President, the North American Society of Adlerian Psychology. He has served as Director of Counseling Services at St John's Seminary and Univ. of N. Dakota. Erik brings over 25 years experience in family issues and substance abuse Tx. His PhD is from Catholic University, Leuven,, Belgium.



Peggy Pelonis, LMFT

Director of Student Affairs, American Community School of Athens, Greece. Peggy founded the ISOS Counseling & Education Center in Athens specializing in helping people cope with change in their A Systemic/Adlerian therapist, she also maintains a private practice and is author of two books: 'Change in the Journey of Life' and 'Living Changing'.

REGISTRATION FORM:

Registrants must complete and submit this form and send with check, money order, or credit card payment to ATI.

Name: _____

Professional Title/Position: _____

Address: _____

City: _____ **State/Province:** _____ **Zip/Post Code** _____

Country: _____

Email: _____ **Phone:** _____

Registration Fee (including all workshop materials):

\$ 425.⁰⁰ (USD) Early Registration - \$475.⁰⁰ (After June 1st)

CHECK ONE: _____ **Brief Family Counseling** _____ **The Transformative Classroom**

Payment Method: Check _____ Credit Card: _____

Make checks payable to: Adlerian Training Institute, Inc. - **Credit Card:** MasterCard or Visa only

Name on Card: _____

Credit Card Number: _____ **Exp Date:** _____

Signature: _____

Send Completed Registration Form and Fee Payment to:

ADLERIAN TRAINING INSTITUTE, INC., P.O. Box 881581, Port St. Lucie, Florida 34988, USA

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